

KFC Kids Meal Menu

www.kfcmenuu.co.za

South Africa • 2025 Edition

 [Download PDF](#)

Parents across South Africa know the challenge of finding meals that satisfy young appetites while dining out. KFC addresses this need through its specially designed kids menu, offering portion-controlled options that combine taste with nutritional balance. These meals transform regular restaurant visits into enjoyable experiences for children aged 3-12 years.

The KFC kids burger stands as the centerpiece of this menu, featuring a tender chicken patty nestled in a soft bun with fresh lettuce. KFC complements this main item with crispy chips and a refreshing drink, creating a complete meal that children genuinely enjoy. What sets this offering apart is the addition of a fruit bar with kids meals, providing a healthier dessert alternative that parents appreciate.

South African families value the consistency and quality that KFC delivers through its kids' offerings. Each meal arrives in colorful packaging that appeals to young diners, making mealtime more engaging. The restaurant chain regularly updates its kids' selection to keep pace with changing preferences and nutritional guidelines.

Kids Meal Menu & Prices

Menu Item	Description	Price (ZAR)
Kids' Fun Meal – Nuggets	4 Chicken Nuggets with small chips, drink, and a toy	R49.90
Kids' Fun Meal – Mini Zinger	Mini Zinger Burger with small chips, drink, and a toy	R52.90
Kids' Fun Meal – Popcorn Chicken	Popcorn Chicken with small chips, drink, and a toy	R47.90
Little Colonel Meal	Smaller portion of Original Recipe chicken with side and drink	R40.00
Chicken Tenders Meal	Tender chicken pieces with fries, applesauce, and drink	R49.90
Star Lunch Box	A piece of chicken with chips and soft drink in a colorful box	R39.90 – R49.99
Buddy Meal	Smaller version featuring Snack Burger or Wrapsta with sides	Varies by location
Streetwise Meal	Budget-friendly meal like Streetwise Mix or smaller Bozza deals	Varies by location
Mini Meal	Build Your Own Mini Meal - pick a base and side	Varies by location

Note: Prices may vary by location and are subject to change. Visit your nearest KFC outlet or check www.kfcmenuu.co.za for the latest pricing.

Nutrition Information

Menu Item	Calories	Protein (g)	Fat (g)	Carbs (g)
Kids' Fun Meal – Nuggets	~517 kcal	~15 g	~22 g	~64 g
Kids' Fun Meal – Mini Zinger	~470–500 kcal	~20–22 g	~18–22 g	~40–50 g
Kids' Fun Meal – Popcorn Chicken	~300–400 kcal	~10–12 g	~15–20 g	~20–30 g
Little Colonel Meal	~300–360 kcal	~12–18 g	~15–20 g	~20–30 g
Chicken Tenders Meal	~375 kcal	~14 g	~13 g	~30–35 g
Star Lunch Box	~500–600 kcal	~15–20 g	~20–25 g	~40–50 g

Frequently Asked Questions

Is there a kids meal at KFC?

Yes, KFC South Africa offers a dedicated kids meal menu with age-appropriate portions and pricing.

What comes in a KFC kids meal in South Africa?

A KFC kids meal includes a kids burger, small chips, a drink, and a fruit bar dessert.

How much does a KFC kids meal cost in South Africa?

KFC kids meals typically cost between R35 to R45 depending on the location and specific combination.

Does KFC have kids meal toys?

KFC South Africa occasionally includes promotional toys during special campaigns, though availability varies by period.

What age is KFC kids meal for?

KFC kids meals are designed for children aged 3 to 12 years old.

Is the KFC kids burger spicy?

No, the KFC kids burger features a mild chicken patty suitable for young taste preferences.

www.kfcmenuu.co.za

For the latest KFC menu items, prices, and promotions in South Africa

© 2025 KFC Menu South Africa. All rights reserved.